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| Name | Community “Rosa dei venti” |
| Location Operative Unit | |
| Address | Via Contrada Spiazzetto, 13 - 22070 Casnate con Bernate -CO |
| Telephone Number | 0039 031 644 676 |
| Fax | 0039 031 644 676 |
| e-mail | rosa.comunity@libero.it |
| Web site | www.rosadeiventi.org |
| Operative unit’s Answerable | |
| Name | Dr Luca MINGARELLI |
| Office location | Via Contrada Spiazzetto, 13 - 22070 Casnate con Bernate -CO |
| Telephone number | 0039 031 644 676 |
| Fax | 0039 031 644 676 |
| e-mail | rosa.deiventi@libero.it |
| Operative unit’s main characteristics | |
| Largest user’s number | 8 |
| The service | the primary task is to cure human beings between 13 and 18 years old, affected by personality disturbs border-line, for an insertion in the social community. |
| Operative unit’s staff | |
| Neuropsychiatrist | 1 |
| Psychotherapist | 1 |
| Social-Educative referent | 1 |
| Social assistant | 1 |
| Educators | 8 |
| Nurses | 1 |
| Art-therapist | 2 |
| Music-therapist | 1 |
| Body mediator therapist | 1 |



Details of the structure

The community was born in January of 1998 in Erba, a village near Como. For ten years its location has been in the centre of the town, near the railway station, but then, in May 2008, we decided to move to Casnate con Bernate in the south side of Como, near the railway stop “Como Portichetto”.

Highway exit: Como sud.

It can accept till 8 users both male or female between 13 and 18 year’s old who are affected by psychic or affective problems. The building is structured on three grounds.

The highest ground is made up by 4 rooms: one room with 4 bed, two rooms with 2 bed and the last one with a single bed. Two bathrooms with showers, one for boys and one for girls ,complete the structure of the highest level.

On the lowest ground we find the laundry and the larder while on the middle level there is the kitchen, the sitting room, the office, room for recreational activities and a bathroom with a shower and a bathtub for persons who have handicaps or disabilities.

The main objective of the community is to start a therapy which has the purpose to show the unexpressed autonomy and potentiality of the teenagers who choose to live with us.

The method: The community is characterised by a strong dynamic aspect which deals with the necessity to carry out surveys for new therapeutic methods which match the traditional medicine to contain psychopathic expressions which tend to have a chronic aspect.

Permanence period: The period of the therapy is variable, it can last from 1 to 3 years.

Services:

Weekly individual psychotherapy

Individual body mediation rehabilitation

Little group sessions of Art-therapy carried out by specialists

Instruments for the integration (social, school, job)

The community offers:

- Individual or group therapeutic activities –verbal psychotherapies, body mediation therapies, art-therapies(music therapy, art-therapy, psycho-mobility)
- Educational activities, body expression, sensorial education, theatrical workgroup and choir singing
- Individual or group recreational and culture activities which deal with the realities of the village(sport centres, museums, theatres, social spaces, libraries etc etc).
- Holidays and excursions in contact with natural environments where is possible to recreate a relation with primary material elements
- Study and work activities-external school, professional courses and job experiences. Workshops activities and kitchen-garden cultivation.



Associazione rosa dei venti onlus

The main aim of the community is to offer to the teenagers a life experience where they can feel more self-confident where every kind of expression is oriented to contain and transform the disturbs. It is even possible, by a previous decision, to involve the family during the therapy through educational conversations. Every single previous activity carried out by the user is not ignored by the community (school, social ambient, etc etc), but, if useful, it is involved in the therapy program.

The community building answers to all the structure standards as in D.P.R. 14.01.1997 and the association assures the standardization of the hydraulic, electric and gas plants and the application of the law 626/94, the correct elimination of ordinary garbage and special ones, cleanliness and comfort.